

HILLSBOROUGH COUNTY PUBLIC SCHOOLS
SATELLITE MENU
MAY MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 BREAKFAST Dannon® Yogurt w/ Homemade Granola 100% 4oz Juice or Assorted Fruit Assorted Low Fat Milk LUNCH Sweet & Sour Chicken w/ Yellow Rice Baked Sweet Plantains Fresh Garden Side Salad Assorted Fruit Cup Assorted Low Fat Milk
4 BREAKFAST Peanut Butter & Jelly Bar 100% 4oz Juice or Assorted Fruit Assorted Low Fat Milk LUNCH Baked Ziti Sweet Honey Glazed Carrots Fresh Garden Side Salad 100% 4oz Juice Garlic Parmesan Roll Assorted Low Fat Milk	5 BREAKFAST Breakfast Protein Bar 100% 4oz Juice or Assorted Fruit Assorted Low Fat Milk LUNCH Santa Fe Beef Tacos Seasoned Black Beans Fresh Garden Side Salad Apple Slices Assorted Low Fat Milk	6 BREAKFAST Assorted Cereal w/ Strawberry Graham Bear 100% 4oz Juice or Assorted Fruit Assorted Low Fat Milk LUNCH Crispy Chicken Sandwich Cheesy Spinach Bake Fresh Garden Side Salad Fresh Banana Assorted Low Fat Milk	7 BREAKFAST Peanut Butter and Jelly Bar 100% 4oz juice or assorted fruit Assorted Low Fat Milk LUNCH Tampa's Own chicken and Yellow Rice Baby Carrots w/Lite Ranch Dip Applesauce Assorted Low Fat Milk	8 BREAKFAST Dannon® Yogurt w/ Homemade Granola 100% 4oz Juice or Assorted Fruit Assorted Low Fat Milk LUNCH Classic Cheeseburger Whole Kernel Corn Fresh Garden Side Salad Assorted Fruit Cup Assorted Low Fat Milk
11 BREAKFAST Assorted Cereal w/ Strawberry Graham Bear 100% 4oz Juice or Assorted Fruit Assorted Low Fat Milk LUNCH Crispy Chicken Sandwich Baked Sweet Plantains BBQ Baked Beans 100% 4oz Juice Assorted Low Fat Milk	12 BREAKFAST Peanut Butter & Jelly Bar 100% 4oz Juice or Assorted Fruit Assorted Low Fat Milk LUNCH Spaghetti w/ Meatballs Carrot Soufflé Fresh Garden Side Salad Apple Slices Assorted Low Fat Milk	13 BREAKFAST Whole Grain Muffin w/ Mozzarella Cheese 100% 4oz Juice or Assorted Fruit Assorted Low Fat Milk LUNCH Southern Style Chicken Bites Broccoli w/ Lite Ranch Dip Fresh Garden Side Salad Fresh Banana Assorted Sun Chips Assorted Low Fat Milk	14 BREAKFAST Dannon® Yogurt w/ Homemade Granola 100% 4oz Juice or Assorted Fruit Assorted Low Fat Milk LUNCH Teriyaki Chicken and Brown Rice Herbed Green Beans Fresh Garden Side Salad Applesauce Assorted Low Fat Milk	15 BREAKFAST Breakfast Protein Bar 100% 4oz Juice or Assorted Fruit Assorted Low Fat Milk LUNCH White Chicken Chili w/ Tostitos Scoops Baby Carrots w/ Lite Ranch Dip Fresh Garden Side Salad Assorted Fruit Cup Assorted Low Fat Milk
18 BREAKFAST Assorted Cereal w/ Strawberry Graham Bear 100% 4oz Juice or Assorted Fruit Assorted Low Fat Milk LUNCH Chicken Verde Burrito Seasoned Black Beans Fresh Garden Side Salad 100% 4oz Juice Assorted Low Fat Milk	19 BREAKFAST Peanut Butter & Jelly Bar 100% 4oz Juice or Assorted Fruit Assorted Low Fat Milk LUNCH Honey Lemon Roasted Chicken w/ Brown Rice Fresh Garden Side Salad Apple Slices Assorted Low Fat Milk	20 BREAKFAST Whole Grain Muffin w/ Mozzarella Cheese 100% 4oz Juice or Assorted Fruit Assorted Low Fat Milk LUNCH Sweet & Sour Chicken w/ Yellow Rice Baked Sweet Plantains Fresh Garden Side Salad Assorted Fruit Cup Assorted Low Fat Milk	21 BREAKFAST Breakfast Protein Bar 100% 4oz Juice or Assorted Fruit Assorted Low Fat Milk LUNCH Spaghetti with Meatballs Baby Carrots w/ Lite Ranch Dip Fresh Garden Side Salad Applesauce Assorted Low Fat Milk	22 BREAKFAST Dannon® Yogurt w/ Homemade Granola 100% 4oz Juice or Assorted Fruit Assorted Low Fat Milk LUNCH Classic Cheeseburger Sweet Potato Soufflé Broccoli w/ Lite Ranch Dip Fresh Banana Assorted Low Fat Milk
25 MEMORIAL DAY NO SCHOOL!	26 BREAKFAST Breakfast Protein Bar 100% 4oz Juice or Assorted Fruit Assorted Low Fat Milk LUNCH Santa Fe Chicken Tacos Seasoned Black Beans Fresh Garden Side Salad Apple Slices Assorted Low Fat Milk	27 BREAKFAST Assorted Cereal w/ Strawberry Graham Bear 100% 4oz Juice or Assorted Fruit Assorted Low Fat Milk LUNCH Crispy Chicken Sandwich Cheesy Spinach Bake Fresh Garden Side Salad Fresh Banana Assorted Low Fat Milk	28 BREAKFAST Peanut Butter & Jelly Bar 100% 4oz Juice or Assorted Fruit Assorted Low Fat Milk LUNCH Tampa's Own Chicken and Yellow Rice Baby Carrots w/ Lite Ranch Dip Applesauce Assorted Low Fat Milk	29 BREAKFAST Dannon® Yogurt w/ Homemade Granola 100% 4oz Juice or Assorted Fruit Assorted Low Fat Milk LUNCH Classic Cheeseburger Whole Kernel Corn Fresh Garden Side Salad Assorted Fruit Cup Assorted Low Fat Milk